



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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## UNIVERSITY EXAMINATIONS 2023/2024

FIRST YEAR SECOND SEMESTER EXAMINATION FOR DEGREE OF BACHELOR OF SCIENCE IN  
NURSING

### NNU 3114: INTRODUCTION TO PSYCHOLOGY

DATE: APRIL 2024

TIME: 3 HOURS

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**INSTRUCTIONS: Answer Question one and any other THREE questions.**

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#### QUESTION ONE (30 MARKS)

- a) Explain the meaning of the following terms in Psychology.
  - i) Psychology (2marks)
  - ii) Fixation (2marks)
  - iii) Reinforcement (2marks)
- b) Discuss the characteristics of adolescent stage of development (10marks)
- c) Explain how new behaviours are learnt in operant conditioning (10marks)
- d) Explain four causes of occupational stress (4marks)

#### QUESTION TWO (20MARKS)

- a) What is personality (2marks)
- a) Discuss the components of personality according to Sigmund Freud (18marks)

#### QUESTION THREE (20MARKS)

- a) What is perception? (2marks)
- b) Explain how factors of individual influence perception. (10marks)
- c) Giving relevant examples describe how perception influence behaviour (10marks)



**QUESTION FOUR (20MARKS)**

- a) Explain three components of attitude. (6marks)
- b) Jacob 60yrs old refused to be admitted in the hospital despite his poor health condition. In reference to various theories of psychology suggest possible reasons for his decision.

**QUESTION FIVE(20MARKS)**

- a) Differentiate between intrinsic and extrinsic motivation. (4marks)
- b) As the nurse in charge discuss how you would motivate the nurses to ensure efficiency. (16marks)

