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UNIVERSITY EXAMINATIONS 2023/2024

THIRD YEAR, SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR
OF EDUCATION ARTS (P.E)

EPH 3350: SKILL SPECIALISATION I (THEORY)

DATE: APRIL 2024

TIME: 2 HOURS

INSTRUCTIONS: Answer All questions.

SECTION A: RUGBY (20 MARKS)

1. Explain five training drills you would employ to ensure proper execution during lineouts. (5 Marks)
2. Discuss five faults that would lead a rugby referee to call for scrummage in 15s rugby. (5 Marks)
3. The Kenyan Rugby Union is very particular with safety during rugby matches. What safety measures would you employ to abide by the Union requirements? (5 Marks)
4. Draw a diagram of a rugby pitch and explain the purpose of any four lines. (5 Marks)

SECTION B: HAND BALL (20 MARKS)

5. Discuss the various basic skills you would emphasize to a beginners' handball team. (5 Marks)
 6. Explain in detail how you would improvise during training of your handball team. (5 Marks)
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7. Draw a well labelled handball court and the dimensions of the goals (5 Marks)
8. Outline five specific warmup activities for a jump shot skill. (5 Marks)

NB: 40 MARKS TO BE CONVETED TO 30 MARKS



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