



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

P.O. Box 972-60200 – Meru-Kenya.

Tel: +254(0) 799 529 958, +254(0) 799 529 959, +254 (0)712 524 293

Website: [www.must.ac.ke](http://www.must.ac.ke) Email: [info@mucst.ac.ke](mailto:info@mucst.ac.ke)

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## UNIVERSITY EXAMINATIONS 2023/2024

SECOND YEAR, SECOND SEMESTER EXAMINATION FOR THE DEGREE OF  
BACHELOR OF EDUCATION ARTS

### EPH 3250: ATHLETICS RUGBY AND SWIMMING (THEORY)

DATE: APRIL 2024

TIME: 2 HOURS

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**INSTRUCTIONS: Answer All questions.**

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#### SECTION A: ATHLETICS 20 MARKS

1. Discuss five faults in javelin (5 Marks)
2. Outline five differences between track events and the cross-country (5 Marks)
3. List five duties of the chief timekeeper in athletics (5 Marks)
4. Outline five teaching points of the bullet crouch start (5 Marks)

#### SECTION B: RUGBY 20 MARKS

5. Discuss time in relation to 7s rugby (5 Marks)
6. outline faults that may occur during a line out in rugby (5 Marks)
7. Outline the procedure of executing a scrum in rugby (5 Marks)
8. Discuss five qualities of a good prop in rugby (5 Marks)

#### SECTION C: SWIMMING 20 MARKS

9. Explain five ways of ensuring proper hygiene in a swimming pool (5 Marks)



MUST is ISO 9001:2015 and



ISO/IEC 27001:2013 CERTIFIED

10. Briefly explain five considerations for a swimming gala (5 Marks)
11. Outline five teaching points for the tennis serve in volleyball (5 Marks)
12. Discuss ways of building water confidence to beginner in swimming (5 Marks)

**NB: 60 MARKS TO BE CONVETED TO 30 MARKS**

