



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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## UNIVERSITY EXAMINATIONS 2023/2024

THIRD YEAR SECOND SEMESTER EXAMINATION FOR DEGREE OF BACHELOR OF SCIENCE  
IN EDUCATION ARTS

### ECT 3363: PHYSICAL EDUCATION SUBJECT METHODS

DATE: APRIL 2024

TIME: 2 HOURS

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**INSTRUCTIONS: Answer Question ONE and any other TWO questions.**

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#### QUESTION ONE (30 MARKS)

- a) Distinguish between a teaching technique and a teaching strategy (4Marks)
- b) Explain the three learning domains (6marks)
- c) Illustrate the role of the following as used in Competency Based Curriculum (CBC) Lesson Plan
- i. Strand (2marks)
  - ii. Expected Learning Outcomes (2 Marks)
  - iii. Pertinent Contemporary Issues (2 Marks)
  - iv. Key Inquiry Questions (3 Marks)
  - v. Assessment Rubrics (3 Marks)
- d) Explain the learning experiences that distinguish the following in a Physical Education (P.E) Lesson Plan
- i) Class activity (2 Marks)
  - ii) Group activity (2 Marks)
  - iii) General Lesson Plan in a P.E lesson (2 Marks)
  - iv) Specific Lesson Plan in P.E lesson (2 Marks)
  - v) Wet weather lesson plan (2 Marks)



**QUESTION TWO(20MARKS)**

- a) Explain any three purpose of learning experiences in a Physical Education Lesson (6 Marks)
- b) Discuss any three factors to consider when selecting learning activities in a P.E lesson  
(6 Marks)
- c) Discuss four ways in which the teaching of P.E lesson differ from your other teaching subject  
(8 Marks)

**QUESTION THREE(20MARKS)**

- a) Compare the components of the Schemes of Work and Physical Education Lesson Plan in the Competency based Curriculum (CBC) (12 Marks)
- b) How do these components differ from those of Knowledge Based (8-4-4) Curriculum  
(8 Marks)

**QUESTION FOUR(20MARKS)**

- a) Discuss the role of Physical Education (PE) in the Basic Education Curriculum (8 Marks)
- b) Explain how the changes from Knowledge Based Curriculum (KBC) to Competency Based Curriculum (CBC) will influence the teaching and learning of Physical Education (PE) in Kenya  
(12 Marks)

**QUESTION FIVE(20MARKS)**

- a) Distinguish between teaching methods and teaching strategies as used in a Physical Education subject. (12 Marks)
- b) Explain how teaching strategies in Physical Education differ from those of other subjects  
(8 Marks)

