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UNIVERSITY EXAMINATIONS 2022/2023

SECOND YEAR, FIRST SEMESTER EXAMINATION FOR BACHELOR OF SCIENCE IN
NURSING

NNU 3236: SEXUAL REPRODUCTIVE HEALTH

DATE: APRIL 2023

TIME: 2 HOURS

INSTRUCTIONS: Answer all questions in the booklet provided

Ensure that all your answers are properly numbered

Section One: Multiple Choice Questions (MCQs): Write the correct answer on the space provided in the answer booklet. Each MCQ is one mark.

Section Two: Short Answer Questions – Answer questions following each other on the answer booklet

Section Three: Long Answer Questions – Answer the questions on the answer booklet

All questions are compulsory

SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. The safe motherhood initiative was launched in_?
 - a) 1997
 - b) 1987
 - c) 1988
 - d) 1986
2. Which of the following best describes homosexuals?
 - a) Have sexual relations with people of their same sex and gender.
 - b) Are not interested in sexual expression or practice?

- c) Have sexual relations with people of their different sex and gender.
 - d) Desire emotional, physical, and/or sexual relations with persons of both sexes and genders
3. Which of the following is a direct cause of maternal mortality?
- a) Human immunodeficiency virus, anemia
 - b) Diabetes mellitus, postpartum hemorrhage
 - c) Antepartum hemorrhage, Abortions
 - d) Malnutrition, pre-eclampsia
4. The delay in “receiving” reproductive health services is influenced by:
- a) Failure to recognize and perceive severity of illness
 - b) Poor skills of health providers
 - c) Lengthy distance to the facility
 - d) Poor transportation to the facility
5. Immediate complications of female genital mutilation include;
- a) Infertility, shock, psychological trauma
 - b) Adhesions, infections, bleeding
 - c) Obstetric fistula, infertility, shock
 - d) Shock, pain, psychological trauma
6. The most effective way of preventing unsafe abortions is to?
- a) Give parental notification for teenagers seeking abortion
 - b) Maintain restrictive abortion laws
 - c) Make effective methods of contraception available and affordable
 - d) Ensure successful training for medical personnel and licensing of abortion facilities
7. The most common sexual dysfunction in males who suffer from diabetic neuropathy is?
- a) Retrograde ejaculation
 - b) Inhibited ejaculation
 - c) Erectile dysfunction
 - d) Premature ejaculation
8. A person who changes the biological sex is referred to as?
- a) Transgender
 - b) Transsexual
 - c) Intersex
 - d) Bisexual

9. Getting sexual satisfaction from receiving pain from a sexual partner is called?
- a) Masochism
 - b) Sadism
 - c) Transvestism
 - d) Voyeurism
10. Sodomy is best defined as?
- a) Practiced by heterosexuals only
 - b) Introducing the penis in the anus of the partner
 - c) Having sex with a person of blood relation
 - d) Having sex with animal
11. The sexually transmitted infections characterized by ulcerations include?
- a) Syphilis, chancroid
 - b) Lymphogranuloma venereum, PID
 - c) Gonorrhoea , genital herpes
 - d) Trichomoniasis , bacterial vaginosis
12. The ability to recognize gender issues irrespective of any ones sexual orientation is referred to as gender?
- a) Sensitivity
 - b) Stereotype
 - c) Responsiveness
 - d) Discrimination
13. Select the hormones that are significant in influencing sexual behaviours:
- a) Testosterone, oxytocin
 - b) Estrogen, progesterone
 - c) Progesterone, prolactin
 - d) Testosterone, progesterone
14. The contraceptive method that reduces sexual desire in women is?
- a) Progestin only contraceptive pills
 - b) Depo-Provera
 - c) Combined oral contraceptive pills

- d) Hormonal IUCD
15. The region of the brain involved in sexual arousal and response include?
- a) Cerebral cortex, amygdala
 - b) Cerebellum, Hippocampus
 - c) Medulla oblongata, hypothalamus
 - d) Pons, limbic system
16. The term sexual dysfunction refers to?
- a) Problems with the normal sexual response cycle
 - b) Sexual urges or fantasies involving unusual sources of gratification problems
 - c) An individual is dissatisfied with their own biological sex and have a strong desire to be a member of the opposite sex.
 - d) Problems with sexual fantasies
17. The term performance anxiety refers to?
- a) Fear of failing to achieve a sustained erection
 - b) Fear of having sex in a public place
 - c) Fear of criticism from the sexual partner
 - d) Fear of not achieving orgasm
18. Genital pains that can occur before, during or after sexual intercourse, and can occur in both males and females are known as?
- a) Dyspareunia
 - b) Dysmenhorea
 - c) Dyskinesia
 - d) Dyspraxia
19. The term Frotteurism is best defined as?
- a) Observing an unsuspecting person who is naked, in the process of undressing, or engaging in a sexual activity
 - b) Sexual fantasies about exposing the penis to a stranger
 - c) Intense, recurrent sexual urges to touch and rub up against non-consenting people
 - d) Sexual arousal and satisfaction from the psychological and physical suffering of others
20. The paraphilia involving sexual fantasies about exposing the penis to a stranger is referred to as?

- a) Voyeurism
- b) Expositionism
- c) Exhibitionism
- d) Frotteurism

SECTION B: SHORT ANSWER QUESTIONS (30 MARKS)

- 1. Explain how you would use acronym GATHER as an approach to counseling (9 marks)
- 2. Describe the psychosexual developmental stages (7 marks)
- 3. State 5 reproductive health rights (5marks)
- 4. Explain the three delays that lead to maternal morbidity (9 points)

SECTION C: LONG ANSWER QUESTIONS (20 MARKS)

- 1. Describe the pillars of safe motherhood (20 marks)