

NNU 3236: SEXUAL REPRODUCTIVE HEALTH FINAL EXAM
DURATION: 2 HOURS

Instructions: answer all questions

SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. The safe motherhood initiative was launched in_?
 - a. 1997
 - b. 1987
 - c. 1988
 - d. 1986
2. Which of the following best describes homosexuals?
 - a. Have sexual relations with people of their same sex and gender.
 - b. Are not interested in sexual expression or practice.
 - c. Have sexual relations with people of their different sex and gender.
 - d. Desire emotional, physical, and/or sexual relations with persons of both sexes and genders
3. Which of the following is a direct cause of maternal mortality?
 - a. Human immunodeficiency virus , anemia
 - b. Diabetes mellitus, postpartum hemorrhage
 - c. Antepartum hemorrhage, Abortions
 - d. Malnutrition, pre-eclampsia
4. The delay in “receiving” reproductive health services is influenced by:
 - a. Failure to recognize and perceive severity of illness
 - b. Poor skills of health providers
 - c. Lengthy distance to the facility
 - d. Poor transportation to the facility
5. Immediate complications of female genital mutilation include;
 - a. Infertility, shock, psychological trauma
 - b. Adhesions, infections, bleeding

- c. Obstetric fistula, infertility, shock
 - d. Shock, pain, psychological trauma
6. The most effective way of preventing unsafe abortions is to?
- a. Give parental notification for teenagers seeking abortion
 - b. Maintain restrictive abortion laws
 - c. Make effective methods of contraception available and affordable
 - d. Ensure successful training for medical personnel and licensing of abortion facilities
7. The most common sexual dysfunction in males who suffer from diabetic neuropathy is?
- a. Retrograde ejaculation
 - b. Inhibited ejaculation
 - c. Erectile dysfunction
 - d. Premature ejaculation
8. A person who changes the biological sex is referred to as?
- a. Transgender
 - b. Transsexual
 - c. Intersex
 - d. Bisexual
9. Getting sexual satisfaction from receiving pain from a sexual partner is called?
- a. Masochism
 - b. Sadism
 - c. Transvestism
 - d. Voyeurism
10. Sodomy is best defined as?
- a. Practiced by heterosexuals only
 - b. Introducing the penis in the anus of the partner
 - c. Having sex with a person of blood relation

d. Having sex with animal

11. The sexually transmitted infections characterized by ulcerations include?

a. Syphilis, chancroid

b. Lymphogranuloma venereum, PID

c. Gonorrhea , genital herpes

d. Trichomoniasis , bacterial vaginosis

12. The ability to recognize gender issues irrespective of any ones sexual orientation is referred to as gender?

a. Sensitivity

b. Stereotype

c. Responsiveness

d. Discrimination

13. Select the hormones that are significant in influencing sexual behaviours:

a. Testosterone, oxytocin

b. Estrogen, progesterone

c. Progesterone, prolactin

d. Testosterone, progesterone

14. The contraceptive method that reduces sexual desire in women is?

a. Progestin only contraceptive pills

b. Depo-Provera

c. Combined oral contraceptive pills

d. Hormonal IUCD

15. The region of the brain involved in sexual arousal and response include?

a. Cerebral cortex, amygdala

b. Cerebellum, Hippocampus

c. Medulla oblongata, hypothalamus

d. Pons, limbic system

16. The term sexual dysfunction refers to?

- a. Problems with the normal sexual response cycle
- b. Sexual urges or fantasies involving unusual sources of gratification problems
- c. An individual is dissatisfied with their own biological sex and have a strong desire to be a member of the opposite sex.
- d. Problems with sexual fantasies

17. The term performance anxiety refers to?

- a. Fear of failing to achieve a sustained erection
- b. Fear of having sex in a public place
- c. Fear of criticism from the sexual partner
- d. Fear of not achieving orgasm

18. Genital pains that can occur before, during or after sexual intercourse, and can occur in both males and females are known as?

- a. Dyspareunia
- b. Dysmenhorea
- c. Dyskinesia
- d. Dyspraxia

19. The term Frotteurism is best defined as?

- a. Observing an unsuspecting person who is naked, in the process of undressing, or engaging in a sexual activity
- b. Sexual fantasies about exposing the penis to a stranger
- c. Intense, recurrent sexual urges to touch and rub up against non-consenting people
- d. Sexual arousal and satisfaction from the psychological and physical suffering of others

20. The paraphilia involving sexual fantasies about exposing the penis to a stranger is referred to as?

- a. Voyeurism
- b. Expositionism
- c. Exhibitionism
- d. Frotteurism

SECTION B: SHORT ANSWER QUESTIONS (30 MARKS)

1. Explain how you would use acronym GATHER as an approach to counseling (9 marks)
2. Describe the psychosexual developmental stages (7 marks)
3. State 5 reproductive health rights (5marks)
4. Explain the three delays that lead to maternal morbidity(9 points)

SECTION C: LONG ANSWER QUESTIONS (20 MARKS)

1. Describe the pillars of safe motherhood (20 marks)