



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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## University Examinations 2023/2024

SECOND YEAR FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR  
OF SCIENCE IN HEALTH SYSTEMS MANAGEMENT

### NNH 3204: PRINCIPLES OF LEADERSHIP GOVERNANCE IN HEALTH

DATE: DECEMBER 2023

TIME: 2 HOURS

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INSTRUCTIONS: Answer question *one* and any other *two* questions

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#### QUESTION ONE (30 MARKS)

- a) Contrast the following leadership concepts (4 marks)
  - (i) Formal and informal leadership
  - (ii) Active and passive management by exception
- b) State four characteristics of an effective follower (4 marks)
- c) Explain the three leadership competencies and the importance of each (6 marks)
- d) Outline five ways a health manager can increase his/her visionary leadership style (5 marks)
- e) Outline the principles of good clinical governance (5 marks)
- f) Differentiate between the following components of strategic leadership using relevant examples (6 marks)
  - (i) Vision statement
  - (ii) Mission statement
  - (iii) Value statement



MUST is ISO 9001:2015 and



ISO/IEC 27001:2013 CERTIFIED

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## QUESTION TWO (20 MARKS)

Describe the following leadership styles under the given subheadings

- a) Autocratic leadership
- b) Democratic leadership
  - (i) Main assumption (1 mark)
  - (ii) Characteristics of the style (4 marks)
  - (iii) Advantages (2 marks)
  - (iv) Disadvantages (2 marks)
  - (v) Indications (1 mark)

## QUESTION THREE (20 MARKS)

- a) State the assumptions of Hersey and Blanchard's situational leadership theory (4 marks)
- b) With respect to the leadership styles and follower levels in the theory, explain how a health manager can effectively lead an organization (16 marks)

## QUESTION FOUR (20 MARKS)

- a) Using relevant examples in the health care context in Kenya, explain the principal agent theory of health governance and health systems strengthening (10 marks)
- b) Outline any five components of good governance and state the importance of each to a healthcare institution (10 marks)

