



MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

P.O. Box 972-60200 – Meru-Kenya.
Tel: +254 (0)799529958, +254 (0)799529959, +254 (0)712524293
Website: www.must.ac.ke Email: info@must.ac.ke

UNIVERSITY EXAMINATIONS 2020/2021

THIRD YEAR, SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR
OF SCIENCE IN NURSING

NND 3326: SEXUAL AND REPRODUCTIVE HEALTH NURSING

DATE: OCTOBER 2021

TIME: 2 HOURS

INSTRUCTIONS: *All questions are compulsory*

Ensure that all your answers are properly numbered

Part I: Multiple Choice Questions (MCQs): Write the correct answer on the space provided in the answer booklet. Each MCQ is one mark.

Part II: Short Answer Questions-Answer questions following each other on the answer booklet

Part III: Long Answer Questions-Answer the questions on the answer booklet.

PART I: Multiple Choice Questions (20 Marks)

1. In men, erectile dysfunction is associated with high levels of?
 - a) Testosterone
 - b) Prolactin
 - c) Estrogen
 - d) Prostaglandin
2. The recommended treatment for Chlamydia Trachomatis is?
 - a) Azithromycin
 - b) Ceftriaxone

- c) Penicillin G
 - d) Acyclovir
3. In treatment of HPV, small warts can be removed by ___?
- a) Electrocautery
 - b) Surgically
 - c) Dilatation and curettage
 - d) Pharmacoemulsion
4. Malodorous, grey or white discharge coating the vestibule and vaginal walls with no erythema are signs and symptoms consistent with which one of the following conditions?
- a) Candida albicans
 - b) Trichomoniasis
 - c) Bacterial vaginosis
 - d) Gonorrhoea
5. In the treatment of sexual dysfunctions, it is important that the client is able to guide their own behaviour and reduce anxiety. Which of the following is a means of achieving this?
- a) Meditation
 - b) Partner-instructional training
 - c) Self-instructional training
 - d) Group therapy
6. A sexually active young adult client has developed viral hepatitis. Which client statement indicates the need for further teaching?
- a) "I should avoid drinking alcohol."
 - b) "I can go back to work right away."
 - c) "My partner should get the vaccine."
 - d) "A condom should be used for sexual intercourse."
7. A belief that is important to an individual refers to
- a) Value
 - b) Attitude

- c) Virtue
 - d) Self esteem
8. The delay in “seeking” reproductive health services is influenced by:
- a) Failure to recognize and perceive severity of illness
 - b) Poor skills of health providers
 - c) Lengthy distance to the facility
 - d) Poor transportation to the facility
9. Sexual dysfunction may be closely associated with relationship problems. One way that this can be explored is through;
- a) Psychoanalysis
 - b) Self-instructional training
 - c) Couples therapy
 - d) Orgasmic reorientation training
10. Which of the following can be used to treatment erectile dysfunction/
- a) Hoover erection device (HED)
 - b) Vacuum erection device (VED)
 - c) Piston erection tool (PET)
 - d) Erectile dysfunction pump (EDP)
11. Reproductive health includes which of the following:
- a) Access to acceptable, effective and safe contraception
 - b) Protection from sexually transmitted infections
 - c) Health services for safer pregnancies and deliveries
 - d) Services to promote healthier babies
 - e) All of the above
12. The paraphilia involving sexual fantasies about exposing the penis to a stranger is
- a) Voyeurism
 - b) Expositionism
 - c) Exhibitionism

- d) Frotteurism
13. When some individuals develop feelings that they have a sense of gender that is opposite to the biological sex they were born with, this is known as;
- a) Cross gender disorder
 - b) Gender dysphoria
 - c) Gender incompatibility disorder
 - d) Bi-gender disorder
14. In disorders of sexuality and sexual functioning, the term gender identity disorder refers to;
- a) Problems with the normal sexual response cycle
 - b) Sexual urges or fantasies involving unusual sources for gratification problems
 - c) Problems with sexual fantasies
 - d) An individual is dissatisfied with their own biological sex and have a strong desire to be a member of the opposite sex
15. Heterosexuals;
- a) Have sexual relations with people of their same sex and gender
 - b) Are not interested in sexual expression or practice
 - c) Have sexual relations with people of their different sex and gender
 - d) Desire emotional, physical, and/or sexual relations with persons of both sexes and genders
16. Pillars of safe motherhood include;
- a) Equity, family planning
 - b) Community partnership, FANC
 - c) Skilled birth attendance, newborn care
 - d) Targeted postpartum care, PMTCT
17. The hormone responsible for female secondary sexual characteristics is;
- a) Estrogen
 - b) Progesterone

- c) Prolactin
 - d) oxytocin
18. The incorporation of gender issues into the analysis, formulation, implementation monitoring of strategies, programs, projects, policies and activities that can address inequalities between women and men is called gender.
- a) Mainstreaming
 - b) Stereotype
 - c) Responsiveness
 - d) discrimination
19. Bestiality is;
- a) Practiced by heterosexuals only
 - b) Introducing the penis in the anus of the partner
 - c) Having sex with a person of blood relation
 - d) Having sex with animal
20. The age bracket for early adolescent is
- a) 10-12
 - b) 10-14
 - c) 9-12
 - d) 15-19

PART II: Short Answer Questions (30 Marks)

1. Describe four characteristics of youth friendly services (8 Marks)
2. List six reasons for gender analysis (6 Marks)
3. Illustrate four types of gender-based violence (8 Marks)
4. List four human rights that are violated in gender based violence (4 Marks)
5. Explain how you would use acronym REDI as an approach to counseling (4 Marks)

PART III: Long Answer Questions (20 Marks)

1. A client is admitted with 3rd degree female genital mutilation and looks sad, withdrawn and anxious.
 - a) Define female genital mutilation (2 Marks)
 - b) Identify four long-term physical complications of female genital mutilation (4 Marks)
 - c) Discuss various strategies for prevention of FGM (14 Marks)